



# CHOI KWANG-DO

Health ♦ Self-Defense ♦ Personal Success

## Hwa Rang Club Contract

I, \_\_\_\_\_, want to become a Choi Kwang-Do Hwa Rang Club Member. I promise to set a good example for other students in class and do everything I can to help my family, school, and community. I promise to try my best and keep coming to class so that I can achieve my goals in Choi Kwang-Do.

I understand that if my behavior in the Dojang, at home, or at school is not up to the standards of the Hwa Rang Club, that my Hwa Rang privileges may be suspended. In order to get my privileges back, I understand that I must demonstrate an improvement in behavior to the satisfaction of my Instructors, Teachers, and/or Parents.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_

Relation: \_\_\_\_\_

Date: \_\_\_\_\_



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## Hwa Rang Club Outline

**Purpose:** The Hwa Rang Club, literally meaning "Flower of Youth", is intended to motivate Junior students toward higher levels of personal, scholastic, and martial arts excellence and have fun doing it!

### Content and Privileges:

- ④ Monthly Meetings
  - ✓ Leadership training
  - ✓ Special training
  - ✓ Learn advanced techniques
  - ✓ Learn Special Street and Close Range Defense
  - ✓ Games
- ④ Outside activities
  - ✓ Field trips
  - ✓ Community activities
  - ✓ Parties
- ④ Junior Hwa Rang Club members receive a Hwa Rang Club patch and may purchase and wear a red uniform.

**Requirements:** In order to be eligible you must . . .

- ④ Be age 13 or younger
- ④ Hold rank of Gold Belt or higher
- ④ Sign Hwa Rang Club contract
- ④ Be recommended by your school teacher
- ④ Must be a model student, inside and outside of the Dojang, with **perfect** school conduct grades
- ④ You must write an essay in **your own words** on "Why you want to be a Black Belt, and what it means to you."

Essay length:	5th grade & higher	500 words or more
	4th grade	400 words or more
	3rd grade	300 words or more
	2nd grade	200 words or more
	1st grade	100 words or more

Turn in your application, Hwa Rang Club contract, teacher recommendation form, a copy of your most recent report card, and your essay. If you have problems writing the essay, please see your Instructor.

**Remember - talent is not a requirement - only a burning desire to excel!**



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## Hwa Rang Club Teacher Recommendation

Dear Teacher:

\_\_\_\_\_ is applying for acceptance into the Choi Kwang-Do Hwa Rang Club. Literally meaning "Flower of Youth", the Hwa Rang Club is designed to develop the student's leadership abilities as well as teaching advanced self-defense skills. To be eligible, each student must display courtesy, integrity, perseverance, self-control, and indomitable spirit in and out of the Dojang (training hall).

Your recommendation is essential for admission into the Hwa Rang Club. Please take a few minutes to rate the student's overall performance in your class using the measures below:

	Superior	Acceptable	Needs Work
➤ Ability to get along with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
➤ Being prepared for class	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
➤ Honesty/Integrity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
➤ Overall discipline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
➤ Enthusiasm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
➤ Academic achievement / grades	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please write a brief comment about the student's performance in your class:

Teacher Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher's Phone Number: \_\_\_\_\_ Best time to call: \_\_\_\_\_

**Thank you very much for your time!**

Sabumnim Shawn Darnell  
Sabumnim Stefanie Toms  
Darnell – Toms Choi Kwang-Do  
(734) 732-8974



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## Hwa Rang Club Candidate Evaluation Form

Student is responsible for bringing evaluation sheet with him/her to class and handing it to the Instructor. The instructor will evaluate the student on his/her performance and whether or not he/she is ready to become a member of the Hwa Rang Club. An approved rating means the student has demonstrated proper Hwa Rang Club behavior, attitudes and mannerisms. Keep working means there are some areas the student must improve in prior to being permitted to join the Hwa Rang Club. Student must obtain a minimum of 8 approvals in order to successfully complete the application process.

Date _____ Comments:  Approved <input type="checkbox"/> Keep Working <input type="checkbox"/> Instructor: _____	Date _____ Comments:  Approved <input type="checkbox"/> Keep Working <input type="checkbox"/> Instructor: _____
Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____	Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____
Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____	Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____
Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____	Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____
Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____	Date _____ Comments:  Approved _____ Keep Working _____ Instructor: _____